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WHY ANY GARDENER, FARMER OR
CONSUMER OF FOOD
SHOULD STUDY THE 4TH EDITION OF
The Transition Document
Toward a Biologically Resilient
Agriculture

There is an ancient Zen understanding regarding those who would teach: “Unless one’s words astonish the crowd, one will fall into the conventional.” (from commentary, *The Blue Cliff Records*, Case 37, Katsuki Sekida)

It is in this spirit that Harry MacCormack spent two Winters gathering the essence of some of the most insightful and therefore controversial agricultural-research-practices of the late 20th and early 21st centuries. The all new 4th edition of this classic document gives any reader a glimpse of more than 20 years of discoveries and innovation by Alan Kapuler, Elaine Ingham, Diana Tracy, Louis Kervran, Carol Deppe, Charles Benbrook, Jaques Benveniste, Charles Walters, and others whose works have shaped biologically resilient agricultural practices.

Their contributions considered as a whole point toward what might become a truly sustainable and organically based food system.

Each section of the book should be studied as materials for a seminar.

We continue to share these scientific yet practical illuminations through classes held by *The Institute of BioWisdom* at Sunbow Farm. Those willing to spend time on this journey are likely to experience significant paradigm shifts as all aspects of food, diet, food culture are considered.

What each of us hopes is that you will join all our earthly relations in stimulating at all levels interactions which promote health and well being of all species, a moment by moment celebration of the continual creation of the web of life which is our mutual inheritance on Earth.

Harry MacCormack



For over 30 years Harry MacCormack has been known as a major decision-maker shaping and implementing an environmentally sound agriculture. He was the co-founder of Oregon Tilth, one of the world’s preeminent organizations promoting Organic agriculture. As philosopher and poet his authorship of *The Transition Document* initiated an on-going discussion of residual poisoning of our soils, water and air as well as the subsequent imperative to correct this destruction.

Educated at Lewis and Clark College, Harvard University and the University of Iowa Writer’s Workshop, Harry MacCormack has been a teacher of environmental, agricultural and spiritual studies. At Oregon State University he has taught theatre and poetry as well as play and screenwriting. His expertise in both literary and agricultural arts and his work with indigenous Americans, in addition to farming, led to the unique perspectives offered in his writings.

Harry is the author of four books of poetry, numerous articles and books regarding our human relationship to ‘the garden,’ as well as six stage plays and two screenplays. He is the recipient of various awards and grants. Harry speaks before many groups, conferences and with the media engaging the topics that promote consciousness raising for the sake of returning to a sustainable relationship with our molested Earth.